

## **PROSPECTIVE TEAM MEMBERS BEYOND REC**

This talk introduces the idea of the "Fourth Day" of REC. The speaker covers (in brief form, staying close to the outline) a number of things to do and not to do to help support the REC program. Notes are not taken during this talk (length: 15 minutes)

### Points to Cover:

1. The "Fourth Day". We told you 3 days; there are really 4. Today is the first day of the rest of your life. The first three days were in ideal conditions. But there are obstacles to the Fourth Day: People may not understand; they may not want to hear about REC; your problems will still be there when you return to the routine of your life (don't forget to talk to God thru prayer and stay in touch with the REC community); the most meaningful thanks you can give the team is to live out your "Fourth Day" as best you can. You don't need to thank the team for anything.

2. You can help REC by: encouraging your friends to sign up for an REC; pray for the REC community and future weekends; Write letters to future REC participants; stay in touch with the jail Chaplain and volunteer to help where possible.

You can hurt REC by: talking things out of context. For example, "only" talk about the fun times and the posters. If you only stress the good time you had on the weekend, you could create a false image of REC. Don't break confidences. What was discussed at your table and what you heard in the chapel visits are to be kept in confidence. Don't tell future REC residents everything that takes place on the weekend. Don't form cliques. Remember that you share REC with others by who you are and what you do. Share with everyone the peace, love and joy which you found at REC.

3. Support is available. Give ideas of groups open to them once they leave the facility. Have handouts for groups such as: Crossroads; SOAR, local churches, local Bible studies. Don't try to make it on your own. You need the support of Christian friends. Be sure to handout or write on a chalk board the mailing address for DaySpring REC. Include the REC website address.

4. REC is an experience that is hard to describe. Show others by your example rather than trying to put REC into words. Share Christ's love and concern for others.

When others ask....rather than try to explain the parts of the weekend, tell them what you personally got out of REC and encourage them to come and see.

Welcome to the REC Family